

DECEMBER 2023

MONTHLY UPDATE

amazing things ARE HAPPENING

At Eastampton



Bagels W/Cream Cheese

This Month was a fun month with all the holiday activites going on. The PK classes had a hot chocolate day with their parents. They also made Ginger bread Men(that escaped the oven and they had to look for thim). Early dismissal days we have been doing coffee and Parfaits for the teachers for breakfast. We also tried out a few new Breakfast items for the kids Bagels with cream cheese (cinnamon & Strawberry) They seemed to like these. We also did Mini French Toast and they were also a favorite.



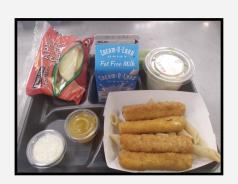
Turkey Club Salad



BurritoBowl



Fresh Veggie



Mozzarella Stick Pasta



Teacher Parfait w/Coffee



PK Ginger Bread Man



Many Thanks for a Great 2023

As 2023 draws to a close and we welcome 2024, we would like to thank our client partners, teachers, school staff, and Nutri-Serve team members for your continued support and partnership. It was a busy year and we could not have done it without you. Thank you for all of your hard work!

We are looking forward to all that 2024 brings and wish everyone a happy, healthy new year!



Nutrition Education with Nutri-Serve



Did you know that Nutri-Serve has a full time Registered Dietitian ready to help your students learn about food and nutrition? School is one of the best places for children to learn about healthy eating because many students eat at least half of their meals at school. Throughout the course of their school years, students will develop lifelong habits around food, and we want to help

make sure they are healthy ones.

Nutrition education can take many forms, both in and out of the classroom, and can be customized to the needs of your school. This is a great time of year to start thinking about nutrition education and wellness events in your school or cafeteria.

To get Nutri-Serve involved in your district's wellness initiatives for 2024, please reach out to your school's Food Service Director, or to Kim directly at kimc@nsfm.com.

